

WHAT IS CLAIMED IS:

1. A method for providing a skin rejuvenating heat treatment, comprising:  
placing a substantially predetermined amount of a wax composition into a microwavable container;  
exposing said container and said wax composition to microwave energy for a period sufficient to heat said wax composition to a predetermined temperature at which said wax composition is liquid;  
depositing at least a portion of the heated wax composition on a human skin surface; and  
after cooling of the deposited wax composition, removing the cooled deposited wax composition from said skin surface.
2. The method set forth in claim 1 wherein said wax composition includes paraffin wax, water and surface active componentry in an amount effective to prevent separation of the water and the paraffin wax.
3. The method set forth in claim 2 wherein said paraffin wax composition more particularly includes said paraffin wax in an amount of 45% to 85% by weight, said water in an amount of 1% to 25% by weight, and said surface active componentry in an amount of 1% to 54% by weight of said paraffin wax composition.
4. The method set forth in claim 3 wherein said surface active componentry includes emulsifying componentry.

5. The method set forth in claim 4 wherein said emulsifying componentry includes at least one emulsifying agent is taken from the group consisting of glyceryl monostearate, cetyl alcohol, stearyl alcohol and propylene glycol.

6. The method set forth in claim 5 wherein said paraffin wax composition includes glyceryl monostearate in an amount of 2% to 25% by weight of said paraffin wax composition.

7. The method set forth in claim 5 wherein said paraffin wax composition includes cetyl alcohol in an amount of 1% to 8% by weight of said paraffin wax composition.

8. The method set forth in claim 5 wherein said paraffin wax composition includes stearyl alcohol in an amount of 1% to 8% by weight of said paraffin wax composition.

9. The method set forth in claim 5 wherein said paraffin wax composition includes propylene glycol in an amount of 0.5% to 15% by weight of said paraffin wax composition.

10. The method set forth in claim 4 wherein said emulsifying componentry includes at least one an emulsifying wax.

11. The method set forth in claim 4 wherein said emulsifying componentry has a weight percentage of 1% to 54% of said paraffin wax composition.

12. The method set forth in claim 3 wherein said surface active componentry includes a surfactant in an amount of 0.3% to 10% by weight of said paraffin wax composition.

13. The method set forth in claim 12 wherein said surfactant is taken from the group consisting of hydrogenated castor oil, alkyl ether sulfates, and alkyl sulfates.

14. The method set forth in claim 3 wherein the water is deionized water.

15. The method set forth in claim 1 wherein the exposing of said wax composition to microwave energy includes placing said container with the wax composition into a microwave oven and operating said oven at a predetermined power level.

16. The method set forth in claim 15 wherein said container is provided on an outer surface with a temperature indicator element, the exposing of said wax composition to microwave energy further including terminating the operating of said oven upon a change in state of said indicator element indicating attainment of a predetermined temperature by said container and the wax composition disposed therein.

17. The method set forth in claim 1 wherein the depositing of the heated wax composition on said skin surface includes dipping said skin surface into the liquid wax composition in said container.

18. The method set forth in claim 1 wherein the removing of said deposited wax composition includes peeling of said deposited wax composition from said skin surface.

19. The method set forth in claim 1 wherein said wax composition has a pH between about 5.5 and about 8.0.

20. A composition applicable to a skin surface for providing a skin rejuvenating heat treatment, comprising:

wax;

water; and

surface active componentry in an amount effective to prevent separation of the water and the wax.

21. The composition set forth in claim 20, more particularly comprising:  
said wax in an amount of 45% to 85% by weight of said composition;  
said water in an amount of 1% to 25% by weight of said composition; and  
said surface active componentry in an amount of 1% to 54% by weight of said composition.

22. The composition set forth in claim 21 wherein said surface active componentry includes emulsifying componentry.

23. The composition set forth in claim 22 wherein said emulsifying componentry

includes at least one emulsifying agent is taken from the group consisting of glyceryl monostearate, cetyl alcohol, stearyl alcohol and propylene glycol.

24. The composition set forth in claim 23 wherein glyceryl monostearate is included in an amount of 2% to 25% by weight of said composition.

25. The composition set forth in claim 25 wherein cetyl alcohol is included in an amount of 1% to 8% by weight of said composition.

26. The composition set forth in claim 24 wherein stearyl alcohol is included in an amount of 1% to 8% by weight of said composition.

27. The composition set forth in claim 24 wherein propylene glycol is included in an amount of 0.5% to 15% by weight of said composition.

28. The composition set forth in claim 22 wherein said emulsifying componentry includes at least one an emulsifying wax.

29. The composition set forth in claim 22 wherein said emulsifying componentry has a weight percentage of 1% to 54% of said composition.

30. The composition set forth in claim 21 wherein said surface active componentry includes a surfactant in an amount of 0.3% to 10% by weight of said

composition.

31. The composition set forth in claim 30 wherein said surfactant is taken from the group consisting of hydrogenated castor oil, alkyl ether sulfates, and alkyl sulfates.

32. The composition set forth in claim 21, further comprising at least one skin treatment component taken from the group consisting of skin moisturizers, vitamins, botanicals, and extracts.

33. The composition set forth in claim 20 wherein said wax is a paraffin wax.